## HOLY CROSS COLLEGE (AUTONOMOUS) TIRUCHIRAPPALLI-2 DEPARTMENT OF SOCIAL WORK ALUMNI MEET REPORT 2023

PG Department of Social Work had conducted the online Alumni Meet on 2<sup>rd</sup> December 2023.

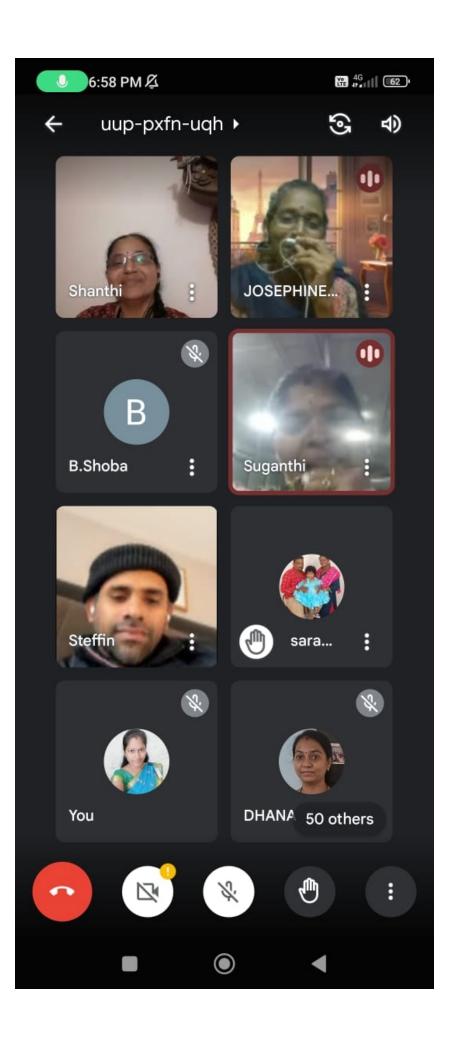
Invitations were sent to alumni through their what's app group and to some people through personal invite.

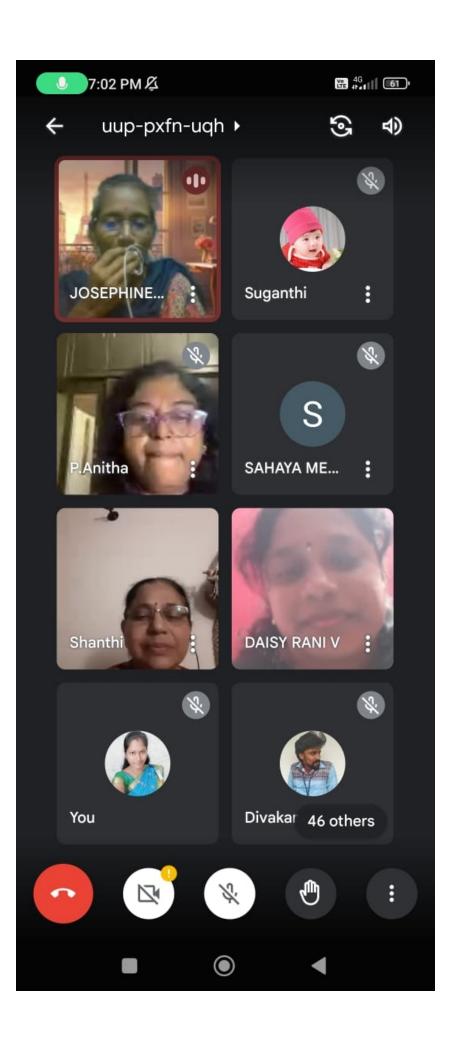
Since 2007, the P G Department of Social Work has been preparing social work trainees to work as change makers. Many are placed in reputed organisations and working for the society in and around Trichy and Tamil Nadu. Few professional Social Workers from other countries also participated.

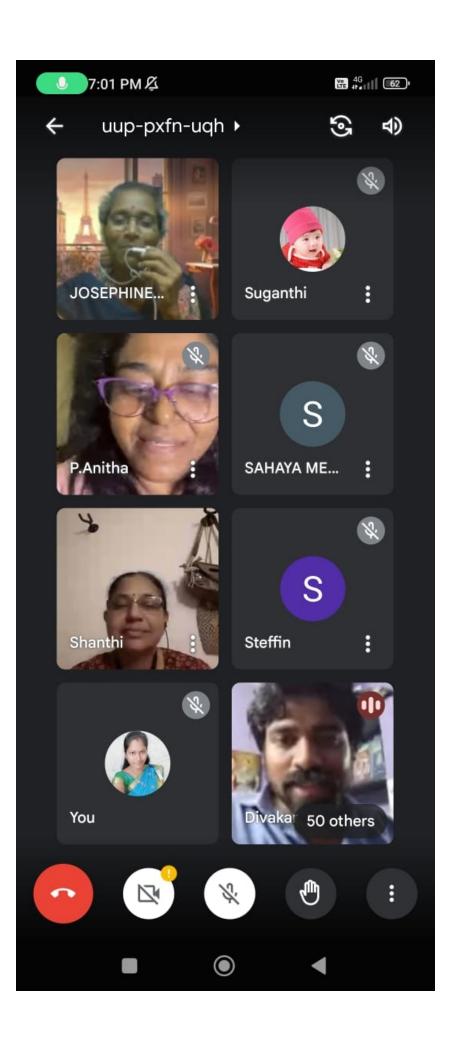
Around Fifty Alumni of our department were joined in the online alumni meet which was conducted through Google Meet. The meet was started with a prayer. The participants were introduced themselves and started sharing their views. They discussed about their change of job, new positions in the job etc. Many of them promised to support the social work students in their Field Work Placements, Block Placements and Job Placements in India and abroad.

The alumni enjoyed with their batch mates, Seniors and juniors. They enjoyed their presence with the faculty and remembered their days in the department.

The meet ended with vote of thanks.







## **ALUMNI MEET -15th February 2024**

The Alumni Meet at Holy Cross College's Social Work Department on February 15, 2024, was a resounding success, marking a dynamic and enriching gathering that brought together 25 new graduates. The focal point of the event was a captivating resource talk on Life Skills, spearheaded by the faculty representative of the Social Work Department. The session aimed to equip the graduates with a comprehensive set of essential life skills crucial for navigating the challenges of the professional world.

The engaging session covered a wide spectrum of life skills, including communication, critical thinking, time management, emotional intelligence, and adaptability. The faculty representative's expertise and practical insights added a valuable dimension to the theoretical aspects of these skills, providing the participants with a holistic understanding of their application in real-world scenarios.

To transcend the boundaries of traditional lecture-style learning, the session incorporated interactive elements, such as group activities and real-world case studies. These activities not only reinforced the theoretical concepts but also encouraged active participation and collaboration among the participants. The diverse backgrounds of the graduates contributed to a rich tapestry of perspectives, fostering an inclusive and collaborative learning environment.

The session's crescendo was the lively Q&A session, where participants had the opportunity to seek personalized insights and advice from the experienced faculty representative. This interactive component facilitated a deeper understanding of the practical nuances of life skills, making the session more impactful and relevant to the participants' individual journeys.

The feedback received from the participants painted a picture of overwhelming satisfaction with the session. Many lauded the practicality and relevance of the life skills discussed, emphasizing their immediate applicability to both personal and professional contexts. The interactive nature of the session received particular praise, with participants highlighting how it fostered a sense of camaraderie and collective learning.

While the overall feedback was positive, some participants provided constructive criticism, expressing a desire for more in-depth coverage of specific life skills and suggesting the inclusion of hands-on activities to further enhance the learning experience. This valuable input will be instrumental in refining the format and content of future events, ensuring they cater even more effectively to the evolving needs of graduates entering the professional world.

The success of the alumni Meet stands as a testament to Holy Cross College's unwavering commitment to providing a valuable platform for its graduates. Beyond the celebration of alumni achievements, the event showcased the institution's dedication to fostering the holistic development of its graduates as they embark on their respective journeys. The feedback collected will serve as a compass for future endeavors, guiding the college in its mission to continuously support and empower its alumni in their pursuit of excellence.









## **ALUMNI MEET - 16th February 2024**

The Alumni Meet held at Holy Cross College's Social Work Department on February 16, 2024, emerged as a highly successful and enriching gathering that brought together 32 new graduates. The focal point of this event was an insightful resource talk on Employment Opportunities, spearheaded by the faculty representative of the Social Work Department. The primary objective of this session was to equip the graduates with a comprehensive understanding of the diverse employment landscape and essential strategies for navigating the professional world.

This engaging session covered a broad spectrum of topics related to employment, including job search techniques, resume building, interview skills, networking, and career planning. The faculty representative, leveraging their expertise and practical insights, provided participants with valuable perspectives on the current job market, trends, and the skills demanded by employers. This approach ensured that the graduates gained a holistic understanding of the real-world application of their academic knowledge.

To transcend the conventional boundaries of lecture-style learning, the session incorporated interactive elements such as group activities and real-world case studies. These activities not only reinforced the theoretical concepts but also fostered active participation and collaboration among the participants. The diverse backgrounds of the graduates contributed to a rich tapestry of perspectives, creating an inclusive and collaborative learning environment.

The session's zenith was the lively Q&A segment, providing participants with the opportunity to seek personalized insights and advice from the experienced faculty representative. This interactive component facilitated a deeper understanding of the practical nuances of employment strategies, rendering the session more impactful and relevant to the individual journeys of the participants.

The feedback received from the participants painted a picture of overwhelming satisfaction with the session. Many praised the practicality and relevance of the employment strategies discussed, emphasizing their immediate applicability to both personal and professional contexts. The interactive nature of the session

received particular praise, with participants highlighting how it fostered a sense of camaraderie and collective learning.

While the overall feedback was positive, some participants provided constructive criticism, expressing a desire for more in-depth coverage of specific employment-related topics and suggesting the inclusion of hands-on activities to further enhance the learning experience. This valuable input will be instrumental in refining the format and content of future events, ensuring they cater even more effectively to the evolving needs of graduates entering the professional world.

The success of the alumni Meet stands as a testament to Holy Cross College's unwavering commitment to providing a valuable platform for its graduates. Beyond the celebration of alumni achievements, the event showcased the institution's dedication to fostering the holistic development of its graduates as they embark on their respective journeys in the dynamic and competitive employment landscape. The feedback collected will serve as a guiding compass for future endeavours, enabling the college to continuously support and empower its alumni in their pursuit of excellence in the professional realm.









## **ALUMNI MEET - 17th February 2024**

The Alumni Meet held at Holy Cross College's Social Work Department on February 17, 2024, was a resounding success, drawing together 30 new graduates for an enlightening resource talk on Personality Development. Spearheaded by the faculty representative of the Social Work Department, the session aimed to provide participants with a holistic understanding of personality development, emphasizing its importance for personal and professional success.

The session covered a diverse range of topics within personality development, encompassing self-awareness, effective communication, leadership skills, and the cultivation of meaningful interpersonal relationships. Leveraging their expertise and practical insights, the faculty representative offered valuable perspectives on the significance of developing a well-rounded personality in the contemporary, dynamic world.

Breaking away from conventional lecture-style formats, the session incorporated interactive elements such as group activities and real-world case studies. These activities not only reinforced theoretical concepts but also encouraged active participation and collaboration among the diverse group of participants. The varied backgrounds of the graduates contributed to a vibrant tapestry of perspectives, fostering an inclusive and collaborative learning environment.

A highlight of the session was the engaging Q&A segment, providing participants with the opportunity to seek personalized insights and advice from the experienced faculty representative. This interactive component facilitated a deeper understanding of the practical nuances of personality development, enhancing the session's impact and relevance to the individual journeys of the participants.

Participant feedback revealed overwhelming satisfaction with the session. Many commended the practicality and relevance of the personality development strategies discussed, noting their immediate applicability to both personal and professional contexts. The interactive nature of the session received particular acclaim, with participants expressing how it fostered a sense of camaraderie and collective learning.

While the overall feedback was positive, some participants offered constructive criticism, expressing a desire for more in-depth coverage of specific aspects of personality development and suggesting the inclusion of hands-on activities to further enhance the learning experience. This valuable feedback will play a pivotal role in refining the format and content of future events, ensuring they are even more tailored to the evolving needs of graduates entering the professional world.

The success of the Alumni Meet underscores Holy Cross College's unwavering commitment to providing an enriching platform for its graduates. Beyond celebrating alumni achievements, the event highlighted the institution's dedication to nurturing the holistic development of its graduates as they embark on their respective journeys in the ever-evolving landscape of personality development. The feedback collected will serve as a guiding force for future endeavours, enabling the college to continually support and empower its alumni in their pursuit of excellence in both personal and professional spheres.



